

9-10TH
MAY
2026

SPLIT,
CROATIA



EUROPEAN LIFESTYLE MEDICINE SYMPOSIUM

Lifestyle Medicine: Bridging the Health Gap

Join Lifestyle Medicine leaders from across Europe to discuss key topics including drivers of health, the reversibility of NCDs, tools of Lifestyle Medicine, and the development of Lifestyle Medicine across Europe, among others. Participate in engaging workshops, expert presentations, and valuable networking sessions, hosted by the European Lifestyle Medicine Council and the Croatian Lifestyle Medicine Association.

